

SOCCER IS FUN ON THE RUN

Memorize these sayings to help you during games

If your opponent is slow - go, go, go *(if you can outrun your opponent, do it)*

Go past - go fast *(when you go past an opponent, speed up)*

If your opponent is quick - pull out a trick *(if your opponent is fast, use a trick to beat them)*

If you want to be seen - get in-between *(move and get in-between opponents so you can receive a pass more easily)*

The field is a book - keep taking a look *(look around all the time to see where your opponents and teammates are)*

If you're facing a wall - move the ball *(if your way ahead is blocked, change direction or pass)*

Go forward if you can, if not go back - avoid passing sideways, you'll lose the attack *(if you can't go forward, pass back to someone who can. Avoid passing sideways, because of the risk of interception)*

If the defence has a hole - go for goal *(if you see a chance to shoot - shoot)*

Nose over the ball - low shots for all *(get your nose right over the ball as you shoot and it will stay down)*